

**Shannon Cooper-Sadlo, PhD/LCSW  
Saint Louis University  
School of Social Work**

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(314) 977-2726

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**EDUCATION**

|  |           |           |
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| <b>Saint Louis University, St. Louis, MO</b> |           | 2010-2015 |
| PhD: Family Therapy                          | 1989-1993 |           |

**PROFESSIONAL EXPERIENCE**

Faculty & Administrative Appointments

**Saint Louis University, St. Louis, MO**

|   |                |
|---|----------------|
| Full Clinical Professor                     | 8/2023-present |
| Associate Dean for Academic Affairs         | 7/2022-present |
| Coordinator of UPS program                  | 7/2022-present |
| Program Director BSSW Program               | 1/2019-7/2022  |
| Program Director BACCJ                      | 7/2019-1/2022  |
| Associate Clinical Professor                | 7/2015-present |
| Assistant Clinical Professor                | 2006-6/2015    |
| Concentration Chair: Clinical Concentration | 8/2015-8/2017  |
| Concentration Chair: Family Concentration   | 2013-2014      |

**Quincy College, Quincy, MA**

|                   |           |
|-------------------|-----------|
| Adjunct Professor | 2002-2004 |
|-------------------|-----------|

Clinical Experience

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| <b>Foundations for Change, St. Louis, MO</b> | 3/2016-10/2019 |
| Therapist                                    |                |

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|---|---------------|
| <b>Queen of Peace Center, St. Louis, MO</b> | 7/2012-9/2015 |
| Clinical Supervisor Consultant              |               |

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|---|----------------------|
| <b>St. Anthony's Medical Center, St. Louis MO</b> | 2005-2007, 2008-2012 |
| Part- Time Staff Therapist                        |                      |

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| <b>South Bay Mental Health Center, Brockton, MA</b> | 2001-2003, 2004 |
| Staff Therapist                                     |                 |
| Clinical Supervisor                                 |                 |

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|---|-----------|
| <b>St. John's Mercy Medical Center, St. Louis, MO</b> | 1999-2000 |
| Psychiatric Social Worker                             |           |

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| <b>Adapt of Missouri, St. Louis, MO</b> | 1998-1999 |
| Community Support Worker                |           |

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| <b>Mental Health/Mental Retardation Authority, Houston, TX</b><br>Senior Caseworker/Assertive Community Treatment Team | 1997-1998 |
| <b>Adapt of Missouri, St. Louis, MO</b><br>Intake Coordinator/Special Projects Supervisor                              | 1996-1997 |
| <b>St. Patrick Center, St. Louis, MO</b><br>Entitlement Specialist   | 1994-1995 |
| <b>Promise House Youth Shelter, Dallas, TX</b><br>Shift Lead   | 1994      |

Cooper-Sadlo, S., Mancini, M. A., Meyer, D. D., & Chou, J. L. (2019). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. *Contemporary Family Therapy*, 41(1), 92-101.

Chou, J. L., Cooper-Sadlo, S., & Jos, A. (2019). Authoritarian parenting. *Encyclopedia of Couple and Family Therapy*, 192-195.

Cooper-Sadlo, S., & Chou, J. (2019). AA. *Encyclopedia of Couple and Family Therapy*.

Tyuse, S. W., Cooper-Sadlo, S., & Underwood, S. E. (2017). Descriptive study of older adults encountered by crisis intervention team (CIT) law enforcement officers. *Journal of Women & Aging*, 29(4), 281-293.

Vaughn, M. G., Salas-Wright, C. P., Cooper-Sadlo, S., Maynard, B. R., & Larson, M. (2015). Are immigrants more likely than native-born Americans to perpetrate intimate partner violence? *Journal of interpersonal violence*, 30(11), 1888-1904.

Chou, J. L., Beeler-Stinn, S., Diamond, R. M., & Cooper-Sadlo, S. (2014). Heroin and post-traumatic stress disorder in a women's treatment facility: An exploratory study. *Journal of Feminist Family Therapy*, 26(3), 138-162.

Jos, A. C., Cooper-Sadlo, S., & Stillwell, D. H. (2013). Advancing current treatments: Women, poverty, and co-occurring disorders. *Journal of Feminist Family Therapy*, 25(3), 165-182.

#### Contributions to Publications

Birkenmaier, J., Berg-Weger, M. & Dewees, M. (2011). *The Practice of Generalist Social Work*. (2<sup>nd</sup> ed). New York: Routledge.

Berg-Weger, M. & Birkenmaier, J. (2011) Utilizing honest communication in the treatment of personality and substance abuse disorders. In H. Rosenthal (Ed), *Family Counseling and Therapy Techniques* (ppim.

Cooper-Sadlo, S. & Jos, A. (2012, May). *Advancing current treatment: Poverty, women, and co-occurring disorders*. Presenter at the IFTA Conference, San Francisco, CA.

Cooper-Sadlo, S, Peters, D., & Russo, J. (2011, April).

Invited presenter at Federal Defender's Office, St. Louis, MO.  
Cooper-Sadlo, S. (2016, July). *Motivational Interviewing*

Cooper-Sadlo, S. (2009, September). *Differential diagnosis and personality disorders*.  
Invited presenter at Saint Louis University School of Social Work CEU Series, St. Louis,  
MO.

### Field Instructor Certification

Cooper-Sadlo, S. (2011, May). *From practicum student to professional social worker*.  
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2010, June). *From practicum student to professional social worker*.  
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2009, June). *From practicum student to professional social worker*.  
Saint Louis University, St. Louis, MO.

### **FUNDED RESEARCH**

|  |                             |
|--|-----------------------------|
| SAMSHA/SBIRT Teaching Grant                              | December 2015-2018          |
| HRSA   | January 2015- December 2017 |
| Saint Louis University, President's Research Fund        | March 2013-Present          |
| "Evaluation of the St. Louis County Drug and DWI Courts" |                             |
| Role: Co-Principal Investigator (PI: N. Fearn)           |                             |

### **CONSULTATION TEAMS**

|                                 |                        |
|---------------------------------|------------------------|
| St. Louis Counseling            | January 2018-present   |
| Pathways to Progress            | October 2015-June 2019 |
| CSWE Substance Abuse Task Force | June 2019- present     |
| CSWE Trauma Task Force          | January 2017-present   |

### **TEACHING EXPERIENCE**

#### Instructor

#### **Saint Louis University, St. Louis, MO**

Mental Health and Crime

Multiculturalism for Professionals

Practice I and II: Assessment and Intervention with Individuals, Groups, and Families

Human Behavior and the Social Environment

Practicum Seminar BSSW and MSW

Contemporary Interventions for Co-Occurring Disorders

Introduction to Social Work

Clinical Diagnosis and Treatment in Mental Health

Evidence Based Practices in Mental Health

Approaches to Trauma Care

Advanced Social Work Practice

Advanced Social Work Practice in Trauma with Children and Youth

Group Practice

CBT

Foundations of Family Practice

Families in Recovery  
Evidence Based Practices with Children and Adolescents

**Quincy College, Quincy, MA**

Introduction to Social Work  
Introduction to Human Services  
Introduction to Helping Skills  
Substance Abuse Counseling

Course Development

Contemporary Interventions for Co-Occurring Disorders  
Clinical Diagnosis and Treatment in Mental Health  
Approaches to Trauma Care  
Advanced Social Work Practice  
Evidence Based Practices with Children and Adolescents  
Advanced Family Practice  
Families in Recovery  
Social Work Practice with Groups  
Social Work Practice with Families

**AWARDS AND HONORS**

**Saint Louis University, St. Louis, MO**

Outstanding Professor of the Year 2008, BSSW Program  
Outstanding Professor of the Year 2009, BSSW Program  
Outstanding Professor of the Year 2011, BSSW Program  
Outstanding Professor of the Year 2012, BSSW Program  
Outstanding Professor of the Year 2012, MSW Program  
Outstanding Professor of the Year 2013, BSSW Program  
Outstanding Professor of the Year 2014, BSSW Program  
Outstanding Professor of the Year 2016, BSSW Program  
Outstanding Professor of the Year 2016, MSW Program  
Outstanding Professor of the Year 2017, BSSW Program  
Outstanding Professor of the Year 2017, MSW Program  
Outstanding Professor of the Year 2018, BSSW Program  
Outstanding Professor of the Year 2019, BSSW Program  
Outstanding Professor of the Year 2020, BSSW Program  
Outstanding Professor of the Year 2021, BSSW Program  
Outstanding Professor of the Year 2022, BSSW Program